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Curriculum Vitae

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Education

- 2008 Master of Public Health, Institute for Advanced Study of Human Sexuality, San Francisco, CA www.iashs.edu
- Certificate in Clinical Sexology
 - Certificate in Sex Education
 - Certificate in Erotology
 - Additional coursework in Public Administration, Epidemiology, and STIs
- 1996 Bachelor of Science, Psychology, Northwestern College, St. Paul, MN
www.nwc.edu

Work Experience

Director of Education and Programs, Sensovi Institute, www.sensovi.com

Sensovi Institute is a sex and relationships resource center based in Charlotte, North Carolina. Sensovi provides counseling, coaching, support groups, classes and workshops. They have also launched an online campus that offers courses for men and women.

Director's Duties:

- Coaching and educating clients on various sexual health matters
- Developing and implementing classes (in-office and online)
- Presenting a monthly class for women on sensuality topics
- Facilitating SHARE, a support group for people with HSV1, HSV2 and HPV
- Coordinating Charlotte Sexual Health, a monthly educational meeting for professionals
- Managing consultants, employees and interns
- Overseeing marketing, including website and print materials

Professional Presentations

Charlotte Sexual Health

- “The Impact of an STI Diagnosis on Sex and Intimacy”
- “What Kids Are (and Aren’t) Learning About Sex”

E-Sensual Woman

- “Viva La Vulva”
- “What is Sexiness?”
- “The Touch of Love: Milestones and Roadblocks in Sexual Development”

Membership in Professional Associations

- American Association of Sex Educators, Counselors and Therapists (AASECT)
- North Carolina Public Health Association (NCPHA)
- Charlotte Sexual Health
- Charlotte Friends of Jung

Continuing Education, Trainings, Workshops & Presentations Attended

May 2009 American Association of Educators, Counselors and Therapists annual conference, including a 6-credit pre-conference

2006-2009 Charlotte Sexual Health monthly educational meetings, covering topics such as: AIDS, Herpes, Sexuality and Spirituality, Sexually Aggressive Youth, Sex & Cancer, and Treating Pelvic Pain.

October 2008 ConvergeSouth Technology Conference

October 2008 Totally Responsible Person workshop

June 2008 Media Relations Training workshop

May 2008 Institute for Servant Leadership Conference

October 2007 STI course at the Institute for Advanced Study of Human Sexuality

September 2007 Sexuality and Spirituality 6-week class at Queen of the Apostles Catholic Church

June 2007 American Association of Educators, Counselors and Therapists annual conference, including a 6-credit pre-conference

Media Appearances

“Talking to Kids About Sex” on Fox News Rising, live Charlotte morning TV show

“The Big Talk” published in Little Ones Magazine

“Beyond the Birds and Bees” promotion on live WBTV news broadcast

Publications

“Sex & the Soul: Juggling Sexuality, Spirituality, Romance, and Religion on America’s College Campuses” Book Review published in Journal of Sex & Marital Therapy, Vol. 35:154-159, 2009

“Five Ways to Improve Your Sex Life” in Natural Awakenings Magazine, Feb 2009

“Living Sexuality” personal blog, since 2006 (www.LivingSexuality.com)

Community Involvement

July 2009 Soulsisters Retreat
Led presentation and discussion on Sexual Integrity

May 2009 AIDS WALK Charlotte, participant

February 2009 Carolina Breast Friends (Breast Cancer support group)
Presentation on Healthy Sexuality

February 2008 Everything Must Change conference
Led workshop on Sexual Justice

January 2007 Mocha Moms
Presentation on how to maintain a healthy sex life